Senior Wellness Checklist

If your pet is a senior and is experiencing one or more of the following signs, be sure to bring it to our attention today. What may look like normal aging could be a manageable health condition.

Is Your Pet "Over 40"?								
Pet's		Dog (in pounds)						
Age	Cat	0-20	21-50	51-90	>90			
5	36	36	37	40	42			
6	40	40	42	45	49			
7	44	44	47	50	56			
8	48	48	51	55	64			
9	52	52	56	61	71			
10	56	56	60	66	78			
11	60	60	65	72	86			
12	64	64	69	77	93			
13	68	68	74	82	101			
14	72	72	78	88	108			
15	76	76	83	93	115			
16	80	80	87	99	123			
17	84	84	92	104				
18	88	88	96	109				
19	92	92	101	115				
20	96	96	105	120				
Relative Age of Your Pet In "Human Years" Senior Geriatric								

Dog	Cat
Owner	
Pet's Name	
Pet's Age	
Date .	
Signature	

Signs	yes	no
Difficulty climbing stairs		
Difficulty jumping up		
Increased stiffness or limping		
Loss of housetraining; house		
soiling		
Changes in litter box habits/		
inappropriate urination		
Increased thirst		
Increased urination		
Changes in activity level		
Excessive panting or changes		
in breathing patterns		
Circling/repetitive movements		
Confusion or disorientation		
Excessive barking/meowing		
Less interaction with family/		
hiding		
Decreased responsiveness		
Tremors or shaking		
Skin and haircoat changes,		
lumps and bumps		
Excessive scratching		
Changes in sleeping patterns/		
location		
Less enthusiastic greeting or		
behavior		
Altered appetite		
Weight change		
Bad Breath		
Over the counter medication		
or supplements		

Based on a chart developed by Fred L. Metzger, DVM. Adapted by William Fortney, DVM, R.t. Goldston, DVM & Ernest Ward Jr., DVM.