



## **Dog Spay/Neuter Aftercare Instructions**

There are several things you need to do to ensure your pet has a successful post-surgical recovery:

1. **No water for 2 hours and no food for 6 hours.** Due to the effects of anesthesia, drinking or eating prior to these times can cause complications. In 6 hours, give the first dose of pain medication, then give every 12 hours after. Males receive a **3 day supply**, and females receive a **5 day supply**. The medication is somewhat bitter, so put it in a treat, peanut butter, or a piece of cheese.
2. A small amount of blood around the incision is common. Discharge (pus), however, can be a sign of infection, and we want to address that immediately. **DO NOT CLEAN THE INCISION OR APPLY NEOSPORIN**, or any ointments/sprays to speed up the healing process. If bleeding persists, or if you notice any discharge, please email us at: **[purrfurredpetssurgery@gmail.com](mailto:purrfurredpetssurgery@gmail.com)**

We will have a technician review the condition of your pet and respond via email.

3. The sutures (stitches) we use are dissolvable and absorb into your pet's body. It takes up to 90 days to fully dissolve. If you notice a thin, black wire near your pet's incision, that is the suture material trying to push out of your pet's body. Not commonly seen, but it does happen. **DO NOT PULL OR CUT IT**. Over time, the material will go away on its own.
4. Your pet's incision needs to stay dry, so no baths or getting the area wet in general. **No baths for 2 weeks until fully healed.**
5. Your pet must wear their e-collar (cone) while recovering to prevent them from licking or opening up their incision. You can take the cone off if they need to eat or drink, or if you are keeping a close eye on them. **Males must wear the e-collar for 10 days, females must wear the e-collar for 14 days.**
6. **IMPORTANT INFORMATION!** Your pet must stay on bed rest during the recovery period. No running, jumping, or playing until they are fully recovered. We do not want to risk your pet's incision opening, which can cause complications and result in extra charges at the owner's expense.

If you have an active pet, we highly recommend getting Trazodone. This is a medication that helps calm your pet down and helps with recovery. Ask your technician about purchasing Trazodone at our clinic. Males will receive a 7 day supply, females will receive a 10 day supply.

Please make sure you follow these instructions to prevent any issues. If you have any questions, please send us an email and we will be happy to assist you.

**We are open Monday-Friday from 8:00 am to 5:00 pm.**

**IT'S UP TO YOU TO MAKE YOUR PET'S SURGERY A SUCCESS!**

**In case of after hour emergencies, please call:**  
**AVECCC (Arizona Veterinary Emergency & Critical Care Center)**  
7823 West Golden Lane, Peoria, AZ 85345  
602-491-1928